



North Vancouver District
Public Library

NEWS RELEASE

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FOR IMMEDIATE RELEASE
February 27, 2017

NVDPL Bridging Connections from Babies to Seniors

North Vancouver – The North Vancouver District Public Library (NVDPL) is set to wrap up the second session of a new and unique program for the North Vancouver and Lower Mainland communities. Working with our community partner, North Shore Community Resources, the NVDPL facilitated a Parent-Child Mother Goose Program® at the Lynn Valley Care Centre, an assisted living facility for seniors with complex care needs, giving seniors the opportunity to watch and interact with babies and their families. A new take on this established learning and development program helps bridge the gap between babies and seniors; an important aspect of socialization that can be missing in many communities around the world.

The Parent-Child Mother Goose Program® is a small cohort experience that introduces babies aged 0-12 months and their caregivers to the pleasure and power of using rhymes, songs and stories together. Parents and caregivers gain skills and confidence that enable them to create positive family patterns during their children’s crucial early years. This program is typically held inside NVDPL facilities, though by hosting this program at Lynn Valley Care Centre, intergenerational community connections can be stimulated that may not have otherwise materialized. Some seniors that are living in care facilities may not have friends or family that are able to visit them; and conversely, families who recently moved to North Vancouver may not have elderly family that interact with their children on a regular basis.

As infants have an ability to bring a sense of comfort and instill happiness in those around them, there is something incredibly special about this program. The parents and children participating bring a weekly dose of enjoyment to local seniors that are homebound at the Lynn Valley Care Centre. Care Centre staff have commented that the program gives residents something to look forward to each week, and that they often hear the seniors talking about their interactions with the babies. Furthermore, some parents of the children who took part in the inaugural session noted they thoroughly enjoy seeing generations together in one place and that this is a “favourite” maternity leave activity.

The Parent-Child Mother Goose Program® at the Lynn Valley Care Centre takes place every Friday afternoon at 1:45pm at the Lynn Valley Care Centre (1070 Lynn Valley Rd) until March 17. There may be more opportunities for this program throughout 2017. For more information, visit www.nvdpl.ca.

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About North Vancouver District Public Library

North Vancouver District Public Library is an integrated three-location Library system serving the District of North Vancouver. Comprised of the Lynn Valley Library, Capilano Library and Parkgate Library, North Vancouver District Public Library is the busiest library system of its size in Canada. North Vancouver District Public Library can be found online at nvdpl.ca, Facebook: facebook.com/nvdpl, Twitter: twitter.com/nvdpl.ca, Instagram: instagram.com/nvdpl#